CANADA

2025

VETERANS HOUSE ALLIANCE INTERNATIONAL

ANNUAL *REPORT*

For the year ended December 31, 2025

They served us.
Now how can we serve them?

NO ONE HEALS ALONE

veteranshouse.ca

01 / OUR MISSION

Stronger together. For those who served.

We find and back the grassroots programs that help veterans heal from the invisible wounds of service.

OUR MISSION

No one heals alone.

We help veterans heal from the invisible wounds of service, reconnect, and thrive by finding and backing the organizations, programs, and ideas that make a real difference. We fund and strengthen grassroots initiatives, support promising new approaches, and help them reach more veterans across Canada.

We believe the best ideas deserve support, wherever they come from, and that healing happens through connection, not isolation.

HOW WE WORK

Service through partnership.

VHAI's approach centres on listening to veterans, supporting effective community initiatives and strengthening the organizations that deliver them.

01	02	03
Connect	**Support**	**Strengthen**

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02 / A MESSAGE FROM THE CHAIR & CO-FOUNDER

The duty to care does not end at release.

To our veterans, families, partners, donors and friends,

When someone leaves military service, their service to Canada is part of a lasting story. The transition that follows can bring new challenges, and no single approach meets every veteran's needs. At Veterans House Alliance International, we believe meaningful support begins with listening, respect and partnerships that put veterans first.

In 2025, we continued to work alongside people and organizations dedicated to mental health, connection and renewed opportunity. Our engagement with Veterans For Healing and its Song Camp initiative reflects the importance of giving veterans a setting in which to share experiences, create music and reconnect with one another. Their stories deserve to be heard.

The Veterans Mefloquine Conference also took place in 2025. The veterans and families who have raised questions about mefloquine remind us why remembrance, constructive dialogue and continued attention to lived experience matter.

We supported the development of *About Turn: Veterans Transforming Trauma*, an educational documentary centred on veteran experiences and recovery. Our support of The Disability Channel's Invictus Games Crew Training initiative reflected another practical priority: providing veterans with opportunities to develop skills and confidence through meaningful work.

In 2025, I published *Instinctive Measures: The Guinea Pig Soldiers and the Poison Pill* as part of our mefloquine awareness and advocacy work. I personally paid the full cost of publishing the book. It will also serve as a fundraiser, with proceeds from book sales going to VHAI. By sharing my story, I hope to encourage informed discussion of veterans' experiences and the support they deserve.

To every supporter, partner and veteran who placed trust in this work: thank you. We remain committed to responsible stewardship of the resources entrusted to us and to helping capable partners serve veterans well.

They served us. The question remains: how can we serve them?

Stephen Beardwood, C.D.
Chair & co-founder

VETERANS HOUSE ALLIANCE INTERNATIONAL

03 / PARTNERSHIP-LED IMPACT

Our strength is in the people we connect.

VHAI works through collaboration: supporting organizations that bring specialist knowledge, trusted relationships and practical programs to the veteran community.

01 Listen to lived experience.

Veterans, family members and peer-led organizations provide insight into the realities of post-service life and the support people seek.

02 Build purposeful partnerships.

VHAI works with community organizations and intermediaries to advance activities that align with its charitable purposes.

03 Support action.

Charitable support can take the form of funding, mentorship, practical connections and assistance with program development.

PARTNERS & INITIATIVES HIGHLIGHTED IN 2025

VETERANS FOR HEALING	ABOUT TURN	THE DISABILITY CHANNEL
Peer connection & Song Camp	Educational documentary	Vocational media training

04 / MUSIC, STORY & CONNECTION

A story can become a song.

VHAI's work with the Veterans For Healing Song Camp reflects the value of creating room for veterans to share their experiences.



A CREATIVE SPACE

Veteran voices. Shared experience.

At Veterans For Healing Song Camp, veterans share their stories with songwriter Keith Mullins, who turns them into songs.

The initiative was founded by veteran advocate Fabian Henry and musician Keith Mullins. Its peer-oriented format offers an opportunity for expression and connection as part of a broader journey of well-being.

WHY THIS WORK MATTERS

Every veteran's story deserves to be heard.

Songwriting creates space for reflection, creative expression and peer connection.

VHAI's engagement with Song Camp reflects our belief that healing happens through connection, not isolation.

05 / ADVOCACY & LIVED EXPERIENCE

Awareness begins with listening.

The recurring Veterans Mefloquine Conference continued in 2025, giving space to concerns raised by veterans and their families.

THE VETERANS MEFLOQUINE CONFERENCE

2025

Veteran testimony • public dialogue • informed discussion

Keeping veteran experiences in view.

The annual conference is part of continuing public discussion about reported adverse experiences associated with mefloquine, an antimalarial medication used by some service members.

In 2025, the event again brought attention to veteran and family perspectives. VHAI's connection with this advocacy community reflects its commitment to listening, respectful public education and the importance of evidence-informed discussion.

Together, the annual conference and the sharing of lived experience through personal storytelling represent important elements of VHAI's continuing mefloquine-awareness work.

MEFLOQUINE ADVOCACY / 2025

Instinctive Measures

Stephen Beardwood

The Guinea Pig Soldiers and the Poison Pill

Published by FriesenPress in September 2025, Stephen's memoir recounts his experience of military service, mefloquine and life after service.

Part of VHAI's mefloquine advocacy program. Stephen personally paid the full cost of publishing. The book will be used to fundraise for VHAI, and proceeds from its sales will go to the charity.

06 / EDUCATION THROUGH DOCUMENTARY

About Turn: Veterans Transforming Trauma.

Helping bring veterans' experiences and conversations about recovery to a wider public audience.



A STORY IN PRODUCTION

Education through lived experience.

About Turn is a documentary project exploring the experiences of Canadian veterans affected by trauma and their efforts toward recovery and reintegration. It features veteran advocate Fabian Henry and other veteran perspectives.

In 2025, VHAI supported production and intended public dissemination in furtherance of charitable objectives related to veteran mental health awareness, reducing stigma and public education.

The film remained a developing production during 2025; this annual report does not present it as a completed release.

2025 RECORDED GRANT

$44,469

About Turn documentary

Amount rounded to the nearest dollar from the 2025 management accounting report.

PURPOSE

Public education & veteran mental-health awareness

07 / SKILLS & REINTEGRATION

Building skills. Opening pathways.

Practical experience in digital media can support the transition from military service to civilian opportunity.

PARTNER INITIATIVE

THE DISABILITY CHANNEL

INVICTUS GAMES CREW TRAINING



Experience that can transfer.

VHAI supported veteran-oriented work and learning opportunities associated with The Disability Channel's Invictus Games Crew Training initiative.

The program purpose described in the charity's 2025 T1441 filing includes supervised experience in digital media, video production, interviewing, content creation and accessible-media work. These activities were designed to help participants build confidence, work experience and transferable skills.

The initiative supported opportunities connected to the 2025 Invictus Games in Vancouver and Whistler.

2025 PROGRAM EXPENSE

$28,334

Invictus crew training / TDC

Amount rounded from 2025 program expenditures recorded for The Disability Channel crew training.

08 / ACCOUNTABILITY

Accountability is part of the mission.

Responsible stewardship supports public confidence and honours the purpose for which donors entrust resources to the charity.

01

Charitable purpose

VHAI is committed to directing its charitable resources toward its registered purposes and veteran-serving initiatives.

02

Purpose-specific grants

Grants to non-qualified donees must support qualifying charitable activities and meet the Income Tax Act's accountability requirements.

03

Documentation

VHAI is responsible for maintaining adequate records of grants and program activity, including their intended and actual charitable use.

04

Public reporting

The charity filed a 2025 T3010 return and a T1441 reporting qualifying disbursements to grantees.

LEADERSHIP

Stephen Beardwood, C.D.
Chair & co-founder

Stavros Theodorakopoulos
Treasurer

Michael Beardwood, C.D.
Secretary

CHARITY INFORMATION

Registered charity
762689925 RR0001

Registered office
35 Main Street
Gananoque, Ontario K7G 2L8

09 / FINANCIAL REVIEW

2025 in perspective.

Selected financial highlights from VHAI's management-prepared statements. All amounts in Canadian dollars.

REVENUE	EXPENSES	ANNUAL RESULT
$76,030	$84,155	($8,126)
2024: $105,854	2024: $89,672	2024: $16,183 surplus

TWO-YEAR COMPARATIVE VIEW

Canadian dollars, rounded



DONATIONS & CONTRIBUTIONS	OTHER GRANTS & FUNDING	YEAR-END NET ASSETS
$59,030	$17,000	$14,207

Management-prepared and unaudited. Comparative financial statements and explanatory notes follow.

10 / FINANCIAL STATEMENTS

Statement of Operations

For the years ended December 31, 2025 and 2024 · Canadian dollars

REVENUE AND EXPENDITURES	2025	2024
REVENUE		
Donations	59,030	60,854
Grants	17,000	45,000
TOTAL REVENUE	**76,030**	**105,854**
EXPENSES		
Grants to partner organizations	48,869	55,858
Direct program costs	28,334	28,988
Total charitable programs	**77,203**	**84,846**
Fundraising and outreach	4,446	1,600
Administration	2,506	3,226
TOTAL EXPENSES	**84,155**	**89,672**
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSES	**(8,126)**	**16,183**

Amounts are rounded to the nearest dollar, so totals may not add exactly due to rounding. Notes 3, 5 and 6 give the account detail behind each line.

11 / FINANCIAL STATEMENTS

Statement of Financial Position

As at December 31, 2025 and 2024 · Canadian dollars

ASSETS, LIABILITIES AND NET ASSETS	2025	2024
ASSETS		
Cash and cash equivalents	14,690	20,849
Accounts receivable	—	2,000
TOTAL ASSETS	**14,690**	**22,849**
LIABILITIES		
Funds held in trust	483	516
TOTAL LIABILITIES	**483**	**516**
NET ASSETS		
Net assets	**14,207**	**22,333**
TOTAL LIABILITIES AND NET ASSETS	**14,690**	**22,849**

2025 TOTAL ASSETS

$14,690

2025 NET ASSETS

$14,207

Amounts are rounded to the nearest dollar. Note 4 gives the bank-account detail and explains the funds held in trust.

12 / FINANCIAL STATEMENTS

Changes in Net Assets & Cash Flows

For the years ended December 31, 2025 and 2024 · Canadian dollars

Statement of Changes in Net Assets

CHANGES IN NET ASSETS	2025	2024
NET ASSETS, BEGINNING OF YEAR	**22,333**	**6,150**
Excess (deficiency) of revenue over expenses	(8,126)	16,183
NET ASSETS, END OF YEAR	**14,207**	**22,333**

Statement of Cash Flows

CASH FLOWS (INDIRECT METHOD)	2025	2024
CASH FLOWS FROM OPERATING ACTIVITIES		
Excess (deficiency) of revenue over expenses	(8,126)	16,183
Change in accounts receivable	2,000	(1,250)
Change in funds held in trust	(33)	516
NET CASH FROM (USED IN) OPERATING ACTIVITIES	**(6,159)**	**15,449**
NET INCREASE (DECREASE) IN CASH	**(6,159)**	**15,449**
Cash, beginning of year	20,849	5,400
CASH, END OF YEAR	**14,690**	**20,849**

The management cash-flow reports identify operating cash flows; no investing or financing categories are separately reported. Amounts are rounded to the nearest dollar.

13 / FINANCIAL STATEMENTS

Notes to the Financial Statements

For the years ended December 31, 2025 and 2024

1 Organization

Veterans House Alliance International / Alliance Internationale de la Maison des Anciens Combattants is a Canadian registered charity, number 762689925 RR0001. It advances veteran well-being through charitable partnerships, programs and support of partner initiatives.

2 Basis of presentation

These statements are derived from the charity's 2025 and 2024 management accounting reports. The 2025 filed T3010 describes the charity's accounting method as accrual. Ledger accounts are grouped under general line names and rounded to the nearest dollar without changing the underlying totals, so figures may not add exactly; the notes give the ledger detail. The statements are unaudited; no audit or review assurance is expressed, nor is compliance with a specific accounting framework asserted.

3 Donations and grants

Donations of $59,030 (2024: $60,854) include amounts designated by donors for the About Turn documentary, $46,244 (2024: $50,450); The Disability Channel (TDC) project, $4,566 (2024: $3,700); and mefloquine advocacy, $3,140 (2024: $996). The balance, $5,080 (2024: $5,708), was general donations. Grants of $17,000 (2024: $45,000) include $15,000 from the Canada Media Fund for the TDC project (2024: $45,000) and $2,000 in other grants. Designated captions alone do not establish externally restricted net assets; no separate restricted-fund continuity was provided.

4 Cash and funds held in trust

Cash and cash equivalents were held at CIBC: $14,225.13 in a general account and $465.04 in a lottery trust account at December 31, 2025 (2024: $20,332.78 and $516.62). Funds held in trust is the lottery trust liability recorded in the management statement: $483.04 at December 31, 2025 (2024: $516.62). In the statements, the 2024 balance is shown as $516 so that totals agree with rounded total assets.

5 Grants and charitable programs

Grants to partner organizations were $48,869.20 (2024: $55,857.68): the About Turn documentary, $44,469.20 (2024: $48,450.42), and The Disability Channel, $4,400.00 (2024: $3,700.00); in 2024 they also included Le Rendez-Vous de l'Espoir, $595.00, Lit Up Adventures, $1,500.00, and RAS Veterans Retreat, $1,612.26. Direct program costs were Invictus Games crew training delivered with TDC, $28,333.97 (2024: $28,988.49). VHAI's filed T1441 identifies About Turn The Documentary and The Disability Channel as recipients of qualifying grants. CRA expenditure categories are not directly comparable.

6 Fundraising and administration

Fundraising and outreach was marketing and advertising, $4,445.70 (2024: events, $1,600.00). Administration was insurance, including directors' and officers' liability, $2,488.32 (2024: $2,437.56), and bank charges and interest, $18.00 (2024: $37.95); 2024 also included office supplies and expenses of $750.00.

OUR GRATITUDE

Thank you for *standing with veterans.*

To the veterans who share their experience, the families who stand with them, the partners who deliver support and the donors who make collaboration possible: your commitment matters.

They served us.
Now how can we serve them?

VETERANS HOUSE ALLIANCE INTERNATIONAL

35 Main Street, Gananoque, Ontario K7G 2L8

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www.veteranshouse.ca

Registered charity no. 762689925 RR0001

SUPPORT VHAI ON CANADAHELPS

Charity information: canadahelps.org/en/charities/veterans-house